



**BERKELEY CITY COLLEGE**  
2050 Center St., Berkeley, CA 94704; (510) 981-2800; www.peralta.edu

**Public and Human Services**

## **Community Health Worker Associate in Arts Degree and Certificate Of Achievement at Berkeley City College**



**You may also wish to consider these other new  
Public and Human Services Associate Degree  
and Certificate Options:**

- Community and Public Service
- Social Services Paraprofessional

MERRITT COLLEGE

LANEY COLLEGE

COLLEGE OF ALAMEDA

BERKELEY CITY COLLEGE



**PERALTA COMMUNITY COLLEGE DISTRICT**

## What You Should Know about the Major

Welcome to Berkeley City College's Community Health Worker major, part of our Public and Human Services Program (PHSP). The major provides a comprehensive curriculum focusing on Community Health Worker training. The PHSP is designed to help California meet the statewide challenges and the rapidly expanding need for Health, Public and Human Service Paraprofessionals. The program addresses local needs and provides training to qualified applicants who wish to specialize in social services, community health work or public and community services. Your training will allow you to become a well-rounded employee who can participate as a team member in health and human service agencies and community settings.

## Who Takes Community Health Worker Classes?

- County Social Services Employees
- People Interested in Working in the Community Health Field

## It's Easy to Start

At Berkeley City College, we make it easy for you to learn. Social Services Paraprofessional classes provide theory and active learning activities that simulate everyday experiences in the world of work. You will have the opportunity to explore real life cases in the comfort of the classroom. As part of your classes, you:

- Gain essential tools to assist you in your social services career.
- Apply what you learn to case studies.
- Learn essential and effective communication and case management skills.
- Gain valuable on the job experience.

## More Job Opportunities

Berkeley City College's Community Health Worker Program provides you with a foundation in critical skills which lead to entry level positions. This certificate is a valuable tool to obtain entry level positions in a variety of public service fields, including law enforcement, education, Emergency Medical Technician (EMT), nurse's aide, public safety careers and adult/child day care. Examples of your career options are:

- Community Relations Specialist
- Substance Abuse Counselor
- Public Administration/Case Worker

Advancement in this field requires additional experience or a higher level of education. Some of the college's Community Health Worker courses articulate with baccalaureate programs in related fields.

## Salary Levels

Salaries vary depending on the job description.  
Entry level jobs (no experience) start at \$12-\$15/hour.  
Jobs which require 1 to 3 years experience start at \$13-\$17/hour  
Top Pay Rate for 3+years experience is \$18-\$25/hour

Pay depends on your level of education and work experience. Employee benefits may include medical, dental, vision, paid vacations and holidays, and retirement plans. A standard work week is 40 hours.

## Where to Get More Information

Stop by Berkeley City College to register or see a counselor. We're at 2050 Center St. between Shattuck Ave. & Milvia St. Call (510) 981-2932 (voice) or 981-2865 (VP). or visit [www.berkeleycitycollege.edu](http://www.berkeleycitycollege.edu).

## Hours for Information

8 a.m.-4:45 p.m., Mon.-Fri.  
Call for extended hours for Fall, Spring, and Summer registration periods. Call (510) 981-2800.

## A Note for Our International Students

For information regarding enrollment procedures, student visas, and other details, please contact the Office of International Education, Peralta Community College District, 333 E. 8th St., Oakland, CA 94606. Call (510) 466-7380 or e-mail [globaled@peralta.edu](mailto:globaled@peralta.edu).

## Community Health Worker Degree and Certificate Program

Our Community Health Worker major offers either an associate in arts degree or certificate of achievement. Required courses are:

Required Courses		Units
BIOL 10	Introduction to Biology	4
*BUS 201	Business Communications	3
Or		
*ENGL 100	Composition and Reading	4
COPEd 451	Occupational Work Experience	1
HLTED 1	Health Education	3
HLTED 9	First Aid and Safety	2
HLTOC 201	Medical Terminology I	2
HLTOC 202	Medical Terminology II	2
HUSV 101	Case Management in Human Services	2
HUSV 108	Helping Skills for Human Services Paraprofessionals	2
HUSV 109	Diverse Populations in Human Services	2
HUSV 110	Social Services Specializations I	3
HUSV 111	Social Services Specializations II	3
HUSV 114	Introduction to Community Health Work	3
Total Minimum Required Units		32 or 33

\*A higher level English course may be substituted for this requirement.

\*\*For the Certificate of Achievement, students must complete 32 or 33 units of core courses. For the Associate Degree, students must complete 32 or 33 units of core courses plus 28 or 29 units of General Education requirements and elective courses.

## Academic Credit

Core general education classes for the Associate Degree meet all University of California and California State University transfer requirements. Social Services Paraprofessional classes are transferable as part of General Education transfer requirements. See a counselor for details.

## Class Times Fit Your Schedule

Berkeley City College's morning, afternoon, and evening classes fit your busy schedule. Most classes are held at our 2050 Center St. campus in downtown Berkeley.

## Community College Fees\* and Financial Aid

If you are a California resident, your community college enrollment fee is \$46 per unit.\* Out-of-state students pay \$236 per unit, (includes enrollment fee). International students pay \$242 per unit which includes the \$46 per unit enrollment fee plus a \$6 Capital Outlay Fee up to \$144 per year (all non-resident students pay a \$6 per unit Capital Outlay fee). Pay by money order, credit card, or personal check. Full-time students enrolled in nine or more units also pay \$36 per semester for the AC Transit EasyPass, a \$1 per semester Student Representation Fee, a \$2 Campus Center Use Fee, a Health Services Fee of \$18 per semester and \$15 in summer. Financial aid is available. College of Alameda, Laney and Merritt Colleges charge a \$2 per day or \$40 per semester Parking Fee. Call (510) 981-2807 or e-mail [bcfind@peralta.edu](mailto:bcfind@peralta.edu) for information.

## Counseling

Call for counseling information—(510) 981-5036.

## How to Reach Berkeley City College

- **By car** take I-80 to University Ave. exit, drive east on University to Milvia. Right turn on Milvia, then proceed South to Center St., take a left turn on Center St. Parking is available on the street or in the Center Street garage.
- **By BART** take Richmond train to downtown Berkeley station. Exit at Center St. escalator. Berkeley City College is one-half block west of the downtown Berkeley BART station.
- **By bus** take AC transit. Visit [www.actransit.org](http://www.actransit.org) for the route nearest you or visit [www.actransit.org](http://www.actransit.org).

\*Note that community college enrollment fees are subject to change by the California state legislature; out-of-state/international student tuition, and other fees are subject to change by local government entities.

## Required Courses for the Major

### **BIOL 10, 4 Units**

#### **Introduction to Biology**

3 hours lecture, 3 hours laboratory (GR). Not open for credit to students who have completed or are currently enrolled in BIOL 1A or 1B or 25. Students with previous credit in BIOL 11 receive only 1 unit of credit for BIOL 10. Acceptable for credit: UC/CSU

Fundamentals of biology for the non-major: Scientific inquiry, biological chemistry, cell structure and function, DNA and genetics, evolution and ecology, and an overview of living organisms. Includes laboratory exercises designed to complement lectures.

### **BUS 201, 3 Units**

#### **Business Communications**

3 hours lecture (GR or P/NP). Recommended preparation: ENGL 267B (or 250D) or 252B or 269B

Effective planning and composition of various types of business communications: Emphasis on style, tone, vocabulary, methodology, and psychology of purposeful and forceful business communications; practical application of principles to letters, memoranda, reports, procedures, manuals, prospectuses, and proposals.

### **COPED 451, 1-4 Units**

#### **Occupational Work Experience**

Hours to be arranged (GR or P/NP).

Acceptable for credit: CSU

Course study under this section may be repeated three times for a maximum of 16 units for occupational or a combination of general and occupational work experience education. Supervised employment of students extending classroom-based occupational learning at an on-the-job learning station relating to students' educational or occupational goals.

### **ENGL 100, 4 Units**

#### **College Composition and Reading**

4 hours lecture (GR or P/NP). Prerequisite: ENGL 201B or ESL 21B, or appropriate placement through multiple-measures assessment. Acceptable for credit: CSU. Course does not satisfy the GE composition requirement for transfer.

Reading and writing of expository prose: Critical thinking using inductive and deductive reasoning; clarity and precision of expression; organizational structures in writing and sound development of ideas.

### **HLTED 9, 2 Units**

#### **First Aid and Safety**

2 hours lecture (GR or P/NP). Meets American Red Cross/RTE (Responding to Emergency) as well as American Red Cross Adult CPR certification requirements. Acceptable for credit: UC/CSU

Course study under this section may be repeated three times for recertification. Introduction to first aid and safety: Development of skills and knowledge for immediate and temporary care in case of an accident or sudden illness; preventive measures.

### **HLTOC 201, 2 Units**

#### **Medical Terminology I**

2 hours lecture (GR or P/NP)

Study of medical terminology: Basic structure of medical words including prefixes, suffixes, word roots, combining forms, plurals and abbreviations, pronunciation, spelling, and definition of medical terms.

### **HLTOC 202, 2 Units**

#### **Medical Terminology II**

2 hours lecture (GR or P/NP).

Recommended preparation: HLTOC 201.

Continued study of medical terminology: Terminology related to body structure, pathological conditions and diseases; operative terms and techniques, including laboratory/radiological diagnostic procedures.

### **HUSV 101, 2 Units**

#### **Case Management in Human Services**

2 hours lecture (GR or P/NP).

Acceptable for credit: CSU

Case management skills for the paraprofessional: History of case management; case management concepts, assessment, benefits, service planning and linkage with community agencies, service monitoring, consultation and referral strategies.

### **HUSV 108, 2 Units**

#### **Helping Skills**

#### **for Human Services Paraprofessionals**

2 hours lecture (GR or P/NP).

Acceptable for credit: CSU

Helping skills: Building an alliance, effecting change and empowering others within a multicultural society; attending, active listening, demonstrating empathy, assessment and referral; legal and ethical guidelines of the professional helping relationship and scope of practice.

### **HLTED 1, 3 Units**

#### **Exploring Health Issues**

3 hours lecture (GR or P/NP).

Acceptable for credit: UC/CSU

Examination of current problems related to individual and community health: Sexual behavior, birth control, sexually-transmitted diseases, drugs, consumerism, environment, psychosomatic health, nutrition, physical fitness, and preventive medicine.

### **HUSV 109, 2 Units**

#### **Diverse Populations in Human Services**

2 hours lecture (GR or P/NP).

Acceptable for credit: CSU

Working with diverse populations in human services settings: Values, problems, issues, concerns and support needs of special population groups including, but not limited to, age, gender, ethnicity, socioeconomic status, physical or psychiatric disability, sexual orientation, and chemical-dependency characteristics.

### **HUSV 110, 3 Units**

#### **Social Services Specialization I**

3 hours lecture (GR or P/NP).

Acceptable for credit: CSU

Overview of social services programs: Child and family, adult and aging, and California welfare programs and services; issues of abuse, as well as benefits and eligibility.

### **HUSV 111, 3 Units**

#### **Social Services Specialization II**

3 hours lecture (GR or P/NP).

Acceptable for credit: CSU

Overview of social services programs: Child and family, adult and aging, and California welfare programs and services, including needs assessment, techniques, and legal and ethical issues.

### **HUSV 114, 3 Units**

#### **Introduction to Community Health Work**

3 hours lecture (GR or P/NP).

Acceptable for credit: CSU

The roles of community health workers as critical members of the health care team: Improving community health status by providing linkages between community members, clinical practitioners and the larger health delivery system.



Berkeley City College  
2050 Center St.  
Berkeley, CA 94704

Nonprofit Organization  
U.S. Postage Paid  
Permit No. 111  
Berkeley, California

**Return Service Requested**

*Public and Human Services:  
Community Health Worker*

Berkeley City College  
2050 Center St.  
between Shattuck Ave. & Milvia St.  
Berkeley, CA 94704  
(510) 981-2932  
(510) 841-7333 (FAX)

Stephanie Sanders-Badt, Coordinator  
e-mail: [ssanders-badt@peralta.edu](mailto:ssanders-badt@peralta.edu)  
Visit [www.berkeleycitycollege.edu](http://www.berkeleycitycollege.edu)

**Hours for information**

8 a.m.-4:45 p.m., Mon.-Fri.  
Call for extended hours  
for Fall, Spring, and  
Summer registration periods.

**Counseling**

(510) 981-5036

**Transportation**

By car take I-80 to University  
Ave. exit, drive east on  
University to Milvia. Right  
turn on Milvia and drive south to Center St.  
Go left on Center Street. Parking is  
available on the street or in  
the Center Street garage.

By BART take Richmond  
train to downtown  
Berkeley station. Exit at Shattuck  
& Center St. BART escalator. Berkeley  
City College is one half block west of the  
Shattuck & Center St. exit.

By bus take AC transit.  
Visit [www.actransit.org](http://www.actransit.org) for the route  
nearest you.



**The Peralta Colleges**

Berkeley City College is part  
of the Peralta Community College District  
which also includes College of Alameda,  
Laney College and Merritt College. The  
Peralta Community College District serves  
the cities of Alameda, Albany, Berkeley,  
Emeryville, Oakland and Piedmont.

**Important Note About This  
Publication for Students  
with Disabilities**

This publication is available in an alternate  
media format upon request. Should you  
need further accommodations, contact  
Programs and Services for Students with  
Disabilities (PSSD) at 981-2826.

**Please send me a current Berkeley City College class  
schedule. I am enclosing a self-addressed  
9x12 envelope with \$1.75 postage to:**

**Marketing and Community Relations Office  
Berkeley City College**

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_