



Photo by Faiza Ali

COOPERATIVE EDUCATION

For the satisfactory completion of all types of Cooperative Work Experience Education, students may earn up to a total of 16 semester credit hrs, subject to the following limitations:

(1) General Work Experience Education.

A maximum of six semester credit hrs may be earned during one enrollment period in general work experience education.

(2) Occupational Work Experience Education. A maximum of eight semester credit hrs may be earned during one enrollment period in occupational work experience education.

Work experience, in conjunction with a program of instruction, makes it possible for a student to obtain college credit for paid or volunteer experience.

COPED 450, General Work Experience

1–3 Units

3.430–17.09 hours lab (GR or P/INP).

Acceptable for credit: CSU

Supervised employment: Acquisition of desirable work habits and attitudes; experience with potential careers. The employment need not be related to the student's educational or occupational goals. Each 75 hours of paid work equals one unit, while each 60 hours of non-paid work equals one unit. Students can earn at most 16 units through general and occupational work experience courses combined, but may re-enroll in such courses any number of times until the maximum of 16 units is earned. 4932.00

COUNSELING

COUN 24, College Success

3 Units

3 hrs lecture (GR or P/INP).

Recommended Preparation: ENGL 201B

Acceptable for credit: UC/CSU

CSU area E

Identification and development of resources that facilitate college success: High-performance learning utilizing information organization and management, critical-thinking and problem-solving skills, effective time management, learning styles and strategies and memory theory, goal setting and educational planning, and campus/community resources. 4930.10

COUN 57, Career and Life Planning

3 Units

3 hrs lecture (GR or P/INP).

Recommended Preparation: ENGL 201B

Acceptable for credit: UC/CSU

CSU area E

In-depth career and life planning: Self-exploration, identifying values, interests, needs and goals; development of skills for assuming careers and lifestyles over the life span, influence of career choice on the quality of life, and the development of a career action plan. Designed to assist those students considering the transition of a career change or undecided about the selection of a college transfer major. 4930.10

COUN 200A, Orientation to College

0.5 Units

0.5 hrs lecture (P/INP).

Information for new students: College programs, policies and procedures, campus resources and assessment. 4930.10

COUN 200B, Orientation to College

0.5 Units

0.5 hrs lecture (P/INP).

Recommended preparation: COUN 200A.

Educational planning and college success skills: Development of a Student Educational Plan (SEP) with a counselor and introduction to topics such as time management, study skills, note-taking, and test-taking techniques. 4930.10

COUN 207A, Career Exploration

1 Unit

1 hour lecture (GR or P/INP).

Career decision making: Exploration and clarification of values, skills, and goals to facilitate informed and realistic career choices, and introduction to personal and occupational assessment tools. 4930.10

COUN 207B, Career Exploration

1 Unit

1 hour lecture (GR or P/INP).

Occupational assessment tools: Practice in networking, informational interviews, research on employment opportunities and trends, and resources used in job search. 4930.10

COUN 501, Counseling Learning Lab (Non-Credit)

0 Units

1–5 hrs lab (P/INP or SP).

Course study under this section may be repeated as necessary. Students may attend multiple sessions per semester. Success and retention strategies offered in small groups: Provides supervised tutoring to students in overcoming barriers in reaching their educational goals and increasing their successful completion of college courses and programs. 4930.13