

Celebrate

**ASIAN
AMERICAN
AND PACIFIC
ISLANDER**

HERITAGE MONTH

with Berkeley City College

MAY 7TH, 2024

12:30-1:30 PM | ATRIUM



BERKELEY CITY COLLEGE



AAPILEAD
leadership. empowerment. advocacy. diversity.

Events sponsored by AANHPI Student Achievement Fund and the Basic Needs Center

BCC AAPI Heritage Month presents:

diasporic cultural exploration

with Ryan Samn

MAY 14TH, 2024

12:30-1:30 PM | ATRIUM

Ryan Samn is a San Francisco Bay Area based writer & educator. His work explores themes of culture, identity & language from an Asian American perspective.



Events sponsored by AANHPI Student Achievement Fund and the Basic Needs Center

BCC AAPI Heritage Month presents:

AAPI MENTAL HEALTH Workshop

MAY 16TH, 2024

12:30-1:30 PM | ROOM 32

*CATERING BY MINT LEAF

KEEP UP
the good.
WORK

you are
THE BEST
person
FOR YOU

stop
BREATHE
& THINK

be
KIND
to
YOURSELF

GIVE
yourself
TIME

you are
ENOUGH

you
MATTER

learn
SOMETHING
new
EVERYDAY

trust your
JOURNEY

CREATE
your own
PATH

Relax
SLOW DOWN

you've
GOT THIS



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BCC AAPI Heritage Month presents:

GOOLOR

and

TEA

MAY 20TH-MAY 23RD
12:00-1:30 PM | FIRST FLOOR



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