## Acupuncture/massage

Coordinated by Director of the Peralta Health Services: Indra Thadani RN, MS

(and supported by the student health fee)

Each campus has different days and times, please check website below (Merritt does not have space for massage, only acupuncture)



General stress & high BP

- Weight loss assistance
- · Lower back, hip & knee pain
  - Smoking cessation
  - · Arm, shoulder & neck pain
- · Headaches, migraines, TMJ
  - · Poor memory & concentration
- · Anger, irritability & depression

Schedule Online @ <a href="http://ccacu.net/">http://ccacu.net/</a>